

# TEXAS INKED



W

*My Life My Lens*

HAILEY HAMILL | HOLLY STRINGER

*Exclusive Interview*

**ATOM TODD**



*I love this cover!!!*

I mean, I love all our covers...

Duh, I am the one putting it all together, but this one is killer!

Thank you so much for allowing us to use your image Steven! Holly Stringer & Hailey Hamill killed it! Two beautiful ladies bringing the fire, all while the ever so quirky photographer captures it. We love all three of you. Keep up the stellar content!

**EXCLUSIVE**

**TEXAS INKED  
BADASS ARTIST ALERT**

**EXCLUSIVE**

HEAR IT HERE FIRST

## Atom Todd Prefers Tacos > Pizza

We've followed [@atomtheartist](#) for some time now, and hoped one day we would be able to interview him. The time has come! Check out our [interview](#) on [pg. 4](#)

**Miss the vendors you support at shows? You can help!**

Reach out to them, most have the ability to sell and ship online. They may even have a link to donate.

Here's our links. If you are able to donate please do, if you can't please share! We are in need of a little "bonus" support with the loss of convention season.

We miss you all terribly, and can't wait until we get to visit with you again!

*thank  
you* ❤️

**Donate Here**



Michelle Pfeiffer: Selina Kyle & Janet VanDyne

SPLIT/SCREEN SERIES  
**ATOM TODD**  
FEATURING COLOR WORK BY: CHUCK OBACH



Hugh Jackman: Logan & The Wolverine



Brie Larson: Envy Adams & Captain Marvel

We previously featured Atom with one of his most heartfelt pieces, a drawing in memory of Chadwick Boseman. Like many of us, Atom has been limited on the work he can do while most of the country is still under some sort of quarantine order.

Our main goal as Texas Inked is to bring awareness to the art community, and show just how diverse and necessary art is! Even while Atom is unable to make his normal living, he is still finding a way to give back.



Benedict Cumberbatch: Sherlock & Dr. Strange

Atom Todd is a super talented artist based in Austin, TX. Please go find him and follow him. He can even make you your own custom mini figurine! Keep reading to find out more on Atom and how he got started.



Michael Keaton Douglas : Batman & Beetlejuice



Ben Affleck: Superman & Batman

**@atomtheartist**  
**@flicksbricks**  
**www.flicksbricks.com**

**EXCLUSIVE**

# ATOM TODD INTERVIEW

From creating the super cool "Flicks Bricks", to his split screen collection, all the way to projects with Hip Hop Artist Killer Mike's Netflix specials. This Texas based artists should definitely be on your **"Dope artists to follow"** list.



## 1. What are some of your favorite projects you have worked on in the past?

That's a tough one since I try to only work on stuff I'm a fan of, or have some kind of connection to. Linking up with Killer Mike and Run The Jewels was a highlight for sure since I've been a fan of their music for decades and I've been fan of Mike as a human being for about that long too. They really dug the RTJ LEGO art I did and that turned into doing t-shirts and some other opportunities with them, including designing the logo for Killer Mike's company "Elegant Elephant" that produced his Netflix series.

## 2. What got you started?

Someone handed me a crayon and I never looked back...

## 3. Who are some of the artists you grew up following? And how did you "follow them" pre- digital age?

My foundation and main influences have been Comics, Animation, Graffiti, Tattoo art, Skateboard art and T-shirt graphics. Most of which you had to get the magazines to follow and hope there was an article featuring someone you dug.

## 4. Any dope projects you have coming up?

I'm currently developing a line of 6-inch action figures based on activists and revolutionaries... Real-life heroes like Fred Hampton and Angela Davis. With FlicksBricks I'm still coming out with new custom LEGO-style art all the time. And I'm currently adding new actors to my SPLIT/SCREEN Series. The collection is up to 16 pieces so far and I've got quite a few on deck.

## 5. If you could go back ten years, What is some creative advice you would tell yourself?

Experiment more. Push boundaries, lines and shapes. Don't be so hard on yourself. Your work speaks volumes. It just has reach the right people.

And don't go to that party on Hillcrest or you'll meet someone you don't want in your life. That bitch is crazy!

## 6. Tacos or pizza?

Tacos all day, son!





# SMALL VICTORIES LEAD TO BIG SUCCESS

With: Stephanie Trevino

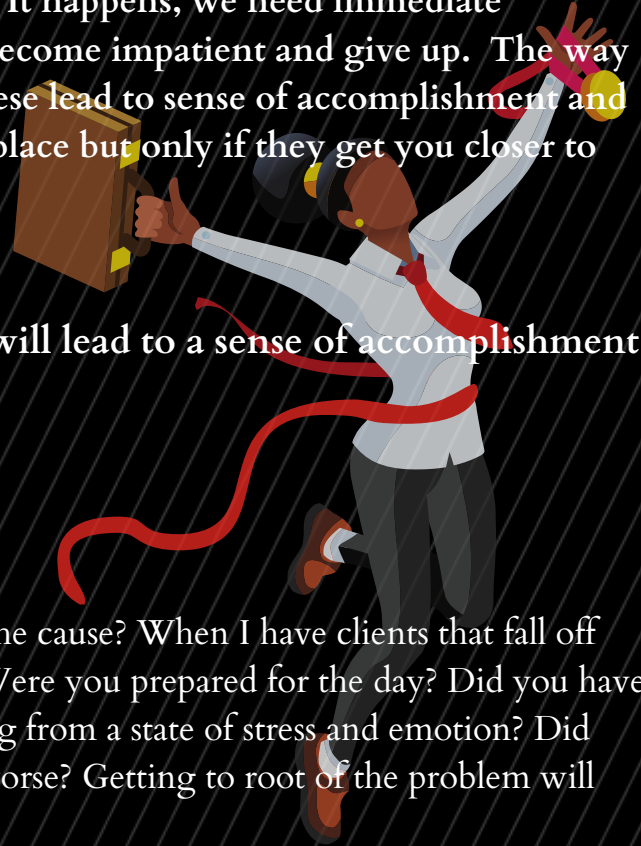
We often get discouraged when trying to lose weight. It happens, we need immediate gratification and when results start to slow down we become impatient and give up. The way to success is to find small victories in our daily life. These lead to sense of accomplishment and will help us stay on the right path. Rewards can be in place but only if they get you closer to your goals and not further away.

## Small Victories Lead to Big Success

The trick is to remember to set small goals. Goals will lead to a sense of accomplishment.

- The ultimate goal may be to lose 50 pounds
- Weekly goals could be to workout 3 times a week.
- Daily goals will be to eat every meal.
- Daily drink 1 gallon of water.

In the past when we have given up on our goal what was the cause? When I have clients that fall off their diet I ask them a few questions or common themes. Were you prepared for the day? Did you have foods prepared and a backup plan in place? Were you eating from a state of stress and emotion? Did eating badly make you feel better or did it make you feel worse? Getting to root of the problem will help you stay on the right path.



If you have questions about this topic or anything related to health and fitness, drop me a line at [stephanie@strengthbodymind.com](mailto:stephanie@strengthbodymind.com)

**STEPHANIE TREVINO**

**STRENGTH OF BODY & MIND**

**PLEASE VISIT OUR WEBSITE: [WWW.STRENGTHBODYMIND.COM](http://WWW.STRENGTHBODYMIND.COM)**

**IG: STRENGTHBODYMIND**

Stephanie Trevino, is a certified nutritionist and life coach. She is the founder and owner of Strength of Body and Mind, a full service consultancy dedicated to strengthening the body and mind through coaching in all aspects of life including professional development, physical and mental health and wellness. Her areas of expertise include physical fitness, nutrition, and mental and physical wellness. More information is available at [www.strengthbodymind.com](http://www.strengthbodymind.com) and on [Facebook.com/StrengthBodyMind](https://www.facebook.com/StrengthBodyMind).



From the Cover

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[@hailey.hamill96](https://www.instagram.com/hailey.hamill96)



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## Last Weeks Winner

Bernadette Griffin

Leah Moody

For your chance to win, click the Mr. Nice Guys Logo above